



Wrexham Squash

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A new sporting vision for Wrexham

Useful Contacts

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When can the Juniors play ?

At Sports Connection

Courts may be booked in advance up to one week ahead; during the day until 4.45 and weekends at any time.

Courts may also be used during a weekday evening but subject to availability on the day. (No pre-booking).

At Phoenix Squash Club

At any time on the day, subject to availability, booking through NEWI and being accompanied by an adult.

Note - membership numbers must be quoted for all bookings and cards produced on request by any member.

What is Wrexham Squash ?

It is an initiative that brings together the two main squash clubs in Wrexham, Sports Connection and Phoenix (the Centres of Development), to promote the game of squash at a junior level (age under 19 years).

What is the vision ?

It is a collaborative venture to encourage a sustained and steady growth in the number of young players coming through to reach their own personal goal in sporting achievement and possible progression through to senior squash.

Where appropriate, individuals will also be encouraged through to representational level.

How will it be organised ? [coaching, ladders,]

Coaching will be available from professional (Squash Wales qualified) coaches and approved assistants from within the two Clubs.

Sessions are to be held on Sunday afternoons at Phoenix and each Wednesday evening (by invitation) at Sports Connection.

Junior Leagues / Ladders will be organised and reviewed on a regular basis.

We will keep all members of Wrexham Squash informed of events and tournaments through an occasional newsletter and use of a junior noticeboard at each Club.

What is included ?

Membership of Wrexham Squash automatically includes membership of Welsh Squash (the national regulatory body), which includes insurance cover.

It includes membership of the two Clubs, Sports Connection and Phoenix and allows all players to be part of the junior league arrangements.

The two Clubs will come together for regular fundraising activity to assist with a subsidy of future junior events.

Through the organisation of Wrexham Squash, the Clubs will be better placed to access funding streams for future developments.

Juniors will each have their own Wrexham Squash T-shirt and membership cards to the two clubs.

Tournaments and trophies.

Who is involved ?

An organising committee of interested parents, representatives of both clubs and the professional coach

What will it cost ?

A £10 one-off fee (if there are 2 children from one family, £8 each), plus the cost of coaching.

Where does the money go ?

Funds will be held in an account to be established by the organising committee for Wrexham Squash – the money will be used for the activities described above plus promotional material to encourage local schools to get involved and for equipment such as balls and court fees.

Notice Board

2002 North Wales Junior Squash Individual Regional Championships

This year's Championship is to be held at the Saint's Health & Fitness Club, Meliden, Prestatyn on weekend of 5 – 7 April.

Congratulations to Richard Jones, son of our coach, Laurie.

On 10th March, Richard played exceptionally to win the 2002 Welsh Open Squash Championship (in the Under 13 age group) at Cardiff.

Richard is a super example of what can be achieved through organised coaching.

Spotlight on ... Laurie Jones

As a junior Laurie's main activities were Badminton, Football, Rugby, Hockey, Tennis & Athletics, it was only on joining the Army with courts available and a lack of partners that he concentrated more on squash playing for the Combined Services and the Army teams.

On leaving the Army Laurie did some labouring and then worked in London as a Residential Social Worker in a Children's Secure Unit for 4 years.

On moving back to North Wales he worked as a Sales Manager in Oswestry and started the squash programmes in Flintshire.

Nowadays squash coaching is Monday to Friday evenings and Sunday, but also there are some 6 other coaches becoming involved at this point.

You can e-mail the coach at:

lj-squash@supanet.com

How the Junior Leagues will work

To encourage competitive play, it is intended that the Junior Leagues should be refreshed approximately every week to ten days. This should create movement and get individuals to play different people on a regular basis.

For this to work successfully, all juniors will be encouraged to challenge, or be challenged. players within four of their own position on the ladder. Scores will need to be recorded.

If the player challenging above should win the game, then the lower placed player will be moved accordingly with all others moving back one place.

We will operate this system for a couple of months and then review it with the young people themselves.

How much do you know about squash ?

◆ When the ball hits a red line, is it in or out ?

A It is out.

◆ How do you decide who serves first at the start of the match ?

A Spin the racket.

◆ What happens if you are serving and the score reaches 8 all ?

A Receiver has choice of playing to 10 or 9 points.

◆ Where should your feet be to serve correctly ?

A At least one foot in the serving box.

◆ Where must your service hit front wall to be correct ?

A Above the service line and below out of court line.

◆ Where must your service first land after hitting the front wall to be correct ?

A In the opposite quarter and beyond the short line.

◆ When should you ask for a let ?

A If you feel you have been impeded by your opponent and wish to replay the point or feel you would have hit them with the ball or racket.